

# Code of Conduct (Instructors)

1. Respect the rights, dignity and worth of every human being
  - \* Within the context of the activity, treat everyone equally regardless of sex, ethnic origin or religion
2. Ensure the athlete's time spent with you is a positive experience
  - \* All athletes are deserving of equal attention and opportunities
3. Treat each athlete as an individual
  - \* Respect the talent, developmental stage and goals of each individual student
  - \* Help each student reach their full potential
4. Be fair, considerate and honest with students
5. Be professional in and accept responsibility for your actions
  - \* Language, manner, punctuality, preparation and presentation should display high standards
  - \* Display control, respect, dignity and professionalism to all involved with the sport/martial art--this includes opponents, coaches, officials, administrators, the media, parents and spectators
  - \* Encourage your athletes to demonstrate the same qualities:
6. Make a commitment to providing a quality service to your students
  - \* Maintain or improve your current NCAS or NMAS accreditation
  - \* Seek continual improvement through performance appraisal and ongoing coach education
  - \* Provide a training program that is planned and sequential
  - \* Maintain appropriate records
7. Operate within the rules and spirit of your martial art or sport
  - \* The guidelines of national and international bodies governing your sport or martial art should be followed
8. Any physical contact with athletes should be:
  - \* appropriate to the situation
  - \* necessary for the students skill development
9. Refrain from any form of personal abuse towards your students
  - \* This includes verbal, physical and emotional abuse
  - \* Be alert to any forms of abuse directed towards your students from other sources whilst they are in your care
10. Refrain from any form of harassment towards your students
11. Provide a safe environment for training and competition

- \* Ensure equipment and facilities meet safety standards
- \* Equipment, rules and the environment need to be appropriate for the age and ability of the students

12. Show concern and caution towards sick and injured athletes

- \* Provide a modified training program where appropriate
- \* Allow further participation in training and competition only when appropriate
- \* Seek medical advice when required
- \* Maintain the same interest and support towards sick and injured students

13. Be a positive role model for your sport, martial art and students

Instructors should...

- \* Be treated with respect and openness
- \* Have access to self-improvement opportunities
- \* Be matched with a level of instructing appropriate to their level of competence